

# Social Skills

## **102 Creative Strategies for Working with Depressed Children and Adults**

14114 K-12  
Book 2007 Youth Light

Depression can have many harmful and even devastating effects on the lives of children and adolescents, derailing school performance and leading to social and physical problems. This book is a practical resource that includes a variety of reproducible strategies and worksheets designed to use with elementary, middle & high school youth. An "At-A-Glance" chart is included to help you quickly locate strategies suitable for particular age groups. Topics include: Relaxation; Nutrition; Spirituality; Exercise; and Cognitive & Behavioral Strategies.

### **Challenges and Choices**

Book 2005 Advocacy Press  
In an inspiring and empowering narrative style this handsomely illustrated book helps a young man envision his potential as an independent, self-reliant, and productive human being and clearly demonstrates how he can take control of his future. Thought-provoking exercises encourage teenage men to develop quantitative goals, acquire decision-making skills, build assertiveness, evaluate career options, explore marriage and family responsibilities, and practice life-style budgeting and money management.

<b>Challenges</b>	18925	7-12
<b>Choices</b>	18924	7-12
<b>Workbook</b>	21512	7-12

## **Creating a Caring Classroom**

50602 12+  
Book 1991 Sopris West  
Strategies designed to promote mutual respect, trust, risk-taking and support in the classroom.

## **Developing Social Skills with Language**

18736 12+  
Book 1990 Communication Skillbuilder  
Is designed to teach young children how to manage interpersonal difficulties and improve self-concept.

### **Friends for Life for:**

Kit 2004 Australian Academic  
Aims to treat and prevent anxiety, increase emotional resilience and problem-solving abilities and teach life-long coping skills to children to protect them against stress and change in later life.

<b>Children</b>	19521	1-5
<b>Youth</b>	19518	6-12

## **Innovative Strategies for Unlocking Difficult Children**

24833 1-6  
Book 1993 Developmental Resources  
Some students are perceived by educators as "difficult" to manage. Working with them can be exhausting and frustrating at times. Unfortunately, because of the behavioral challenges they present to educators, these students sometimes do not receive the support and encouragement they need to succeed. This book contains collections of ready-to-use strategies and activities for unlocking the potentials of "difficult" students. Learn "best-strategies" for reaching and helping these students.

## **Job-Related Social Skills - Curriculum for Students with Special Needs**

14625 12+  
Binder 1991 Thinking Publications  
This comprehensive curriculum manual provides you with step-by-step instructional procedures and activities for training social skills needed for all jobs. Each of the 20 units contains a sample instructional script, class room activities, role play scenarios, overheads, student assessments, and student hand outs. The job-related social skills in the curriculum include: ordering job responsibilities; understanding directions; making introductions; asking questions; asking permission; asking for help; accepting help; offering help; requesting information; taking messages; engaging in a conversation; giving directions;; convincing others; apologizing; accepting criticism; responding to a complaint; and networking and problem solving.

## **Knowing What To Say!**

14786 5-8  
Workbook 1998 Academic Communication  
Activities are designed to help students develop effective strategies for interacting with others so that they can use language to establish relationships, to communicate effectively in social situations and to solve problems that they encounter in their daily life experiences.

## **More Social Skills Stories - Very Personal Picture Stories for Readers & Non-Readers K-12**

31770 1-12  
Workbook 1995 Mayer Johnson  
This book stresses personal hygiene skills with clever, ready-to-use stories. Join some of the same characters from Social Skills Stories as they explore the following topics: improperly fitting clothes; burping; sneezing hygiene; improper self-touching; nose picking; and using a checklist..

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## **Natural Lifestyle Learning**

17401 7-12

Book 2003 Attainment

Works on learning age-appropriate skills in natural environments using real materials through systematic instruction. These books focus on three areas of everyday life: Personal, leisure and work. Includes Natural Lifestyle Learning text book, providing the philosophy of the model, plus an Applications book with many ready-to-use tools.

## **New Social Story Book - Illustrated Edition**

15531 12+

Book 2000 Future Horizons

Is an updated version of the New Social Story Book with new text and accompanying illustrations so the child can have a visual representation of the story.

## **Personal Success**

17385 12+

Book 1999 Attainment

Covers these essential areas: Personal care for men and women, dressing or success, clothing care and people skills. Each features social skill and step-by-step pages, all reproducible. Social skill pages use an adult-format comic book style that presents “successful” and “not so successful” scenarios like dressing appropriately, or controlling anger. Step-by-step illustrations detail 75 basic activities, like dental care or ironing clothes, plus many social events like going on a date. Includes an assessment component.

## **Playing a Role - Role-Playing Vocational Skills**

17409 12+

Book 2002 Attainment

Has carefully crafted role plays that provide an effective and relevant means of teaching work-related social skills. Cover the essentials of vocational preparation: Career considerations; looking, applying and interviewing for a job; losing a job; vocational communications.

## **Promoting Alternative Thinking**

### **Strategies (PATHS): Curriculum Manual**

Kit 1994 Develop Research & Programs

This is a violence-prevention curriculum that promotes social and emotional learning, character development, and bullying prevention, and builds the problem-solving abilities and other life skills required for positive relationships today -- and throughout students' lives.

### **Turtle Unit Readiness I Self Control Unit**

16743 12+

Has 12 lessons that focus on the development of self-control. The "Turtle Technique" is included in this unit.

### **Volume 1 - Feelings & Relationships Unit**

16746 12+

Includes: intentionality, manners, privacy/hiding feelings, changing feelings, and discussed feelings such as: jealousy or envy, contentness or satisfaction, maliciousness, kindness, forgiveness, resentment, etc.

### **Volume 2 - Feelings & Relationships Unit**

16758 12+

Discusses the feelings of: frustration, disappointment, hope, pride, shame, guilt, curiosity, interest, boredom, confusion, worry, shyness, loneliness, and more.

### **Volume 3 - Feelings & Relationships Unit**

16761 12+

Discusses the feelings of: frustration, disappointment, hope, pride, shame, guilt, curiosity, interest, boredom, confusion, worry, shyness, loneliness, and more.

### **Volume 4 - Problem Solving Unit**

16777 12+

Includes: introduction to problem solving, identity, problem identification, identifying feelings, goals, solutions and choices.

### **Volume 5 - Supplemental Unit**

16781 12+

Includes: informal group problem solving meetings, learning self-control, what is a friend, making friends, teasing, treasure hunt and more.

### **Instructor's Manual** 16782 12+

Includes: The Big Picture, The PATHS Philosophy, PATHS Curriculum: An Overview, Setting the Stage, Generalization Strategies, Enlisting Environmental Support Beyond the PATHS curriculum and more.

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## **Ready-to-Use Social Skills Lessons & Activities for Grades 1-3**

17993 1-3  
Book 2002 Jossey-Bass

In the early primary school years, children need to learn certain social skills to be successful in school and out. Some children have already mastered handling disappointment and working out differences with others, but many children struggle with the social skills that are expected of them. This practical book gives teachers and specialists a stimulating, systematic way to develop positive social behaviors in students through awareness, discussion, and rehearsing new behaviors. It offers over 50 detailed lesson plans and practice worksheets based on real-life situations. These age-appropriate lessons help children build self-esteem, self-control, respect for the rights of others, and a sense of responsibility for one's own actions.

## **Ready-to-Use Social Skills Lessons & Activities for Grades 4-6**

17994 4-6  
Book 1996 Jossey-Bass

Gives teachers and specialists a stimulating, systematic way to develop positive social behaviors in students of all abilities, grades 4-12. Included are over 125 tested lessons and reproducible worksheets in two separately printed, self-contained volumes, each tailored to the developmental needs of students at a particular grade level, 4-6 or 7-12. For easy use, the lessons in each volume follow a uniform format, including titles, behavioral objective, and simple 8-step lesson plan. The lesson activities and worksheets are based on real-life situations and help build students' self-esteem, self-control, and respect for the rights of others.

## **Ready-to-Use Social Skills Lessons & Activities for Grades 7-12**

17996 7-12  
Book 1996 Jossey-Bass

Gives teachers and specialists a stimulating, systematic way to develop positive social behaviors in students of all abilities, grades 4-12. Included are over 125 tested lessons and reproducible worksheets in two separately printed, self-contained volumes, each tailored to the developmental needs of students at a particular grade level, 4-6 or 7-12. For easy use, the lessons in each volume follow a uniform format, including titles, behavioral objective, and simple 8-step lesson plan. The lesson activities and worksheets are based on real-life situations and help build students' self-esteem, self-control, and respect for the rights of others.

## **Ready-to-Use Social Skills Lessons & Activities for Grades Pre K - K**

17992 K  
Book 2002 Jossey-Bass

This resource is a practical series designed to help you teach positive behavior skills to student of all abilities. Students learn such social skills as dealing with anger productively, setting goals, building self-confidence, dealing with prejudice and more.

## **Room 28 - A Social Language Program**

15147 6-12  
Kit 2004 Lingui Systems

Help your students learn how to solve problems, resolve conflicts, and set goals for themselves in Room 28. Benefits: helps students take personal responsibility; teaches students to understand others' perspectives; instructs students how to manage conflicts; and guides students to set and monitor personal goals. Room 28 is the room where your students come together to work on their social language skills. It is the place for students to learn strategies they need to get along in school and in life. This is where you'll present information about communication skills, values, and emotions. You'll teach students to solve problems, resolve conflicts, and set goals for themselves.

## **Social Skills**

16476 7-12  
Kit 1993 Attainment

Addresses the socialization skills students need to get along with other people in all aspects of their everyday lives and for their future in the workplace.

## **Social Skills Activities for Secondary Students with Special Needs**

15697 4-6  
Workbook 1998 Center for Applied Research

For special educators, counselors and other professionals, here is an exciting collection of 187 ready-to-use worksheets to help students in grades 6-12 build the social skills they need to interact effectively with others and learn how to apply these skills to various real-life settings, situations and problems.

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## **Social Skills Activities for Special Children**

25170 1-6  
Book 1993 Center for Applied Research  
For all teachers of children with special needs, here are 142 ready-to-use lessons and reproducible line master activity sheets to help children become aware of acceptable social behavior and develop proficiency in acquiring basic social skills. Each lesson places a specific skill within the context of real-life situations. It gives the teacher a means to guide students to think about the social skill and why it is important, and provides a hands-on activity for students to work through, think about, discuss, and practice in or outside of the classroom.

## **Social Skills in Pictures, Stories & Songs - A Multisensory Program for Preschool and Early Elementary Students**

19890 K-4  
Kit 2007 Research Press  
An innovative, evidence-based curriculum built around four original stories and songs - featuring delightful animal characters: Rosie the Roadrunner learns to follow directions; Prairie Dog Pete learns to share; Roscoe the Raccoon learns to manage his behavior; and Prickles the Porcupine learns to solve problems.

## **Social Skills Picture Book**

15104 1-6  
Book 2001 Future Horizons  
Seeing is learning. Dr. Jed Baker embraces this philosophy in this dynamic teaching tool that engages the attention and motivation of students who need a little extra help learning appropriate social skills by using pictures of children mastering skills such as communication, play, emotion, and empathy.

## **Social Skills Picture Book for High School and Beyond**

15105 9-12  
Book 2006 Future Horizons  
In 2001, based on the success of the Social Skills Training Project, Dr. Baker wrote The Social Skills Picture Book, designed for young children with social challenges. The positive response from parents and teachers was overwhelming. Now, in response to the deluge of requests from parents with children in their teens, here is Dr. Baker's long-awaited book, specifically geared toward older students.

## **Social Skills Stories - Functional Picture Stories for Readers & Non-Readers K-12**

31769 1-12  
Workbook 1995 Mayer Johnson  
This book is designed to help students improve their social interaction skills. Topics are presented in playfully illustrated stories that show the skill being done appropriately and inappropriately. These simple stories provide a wonderful way to begin discussions. Also included are multiple corresponding activity sheets and carry over activities for the classroom, community, and home. The topics include: greetings; interrupting; social space; use of "excuse me"; gift buying and giving; use of "thank you"; and use of appropriate conversation topics.

## **Stop & Think Social Skills Program**

### **Classroom Set:**

Kit 2001 Sopris West  
The Stop & Think Social Skills Program, an extensively researched and successfully field-tested program, will help you create a positive learning environment. Students will learn interpersonal, survival, problem-solving, and conflict resolution skills that are critical to their success in school and in the real world. The program is appropriate for preschool through middle school students and is organized in four grade-specific versions: PreK-1, 2-3, 4-5, and 6-8. At each level, students practice the five steps that are fundamental to their training: Stop and Think; Are you going to make a good choice or a bad choice?; What are your good choices or steps?; Do it!; and Tell yourself you did a "good job!"

<b>Pre-K - 1</b>	19551	K-1
<b>Grades 2-3</b>	19552	2-3
<b>Grades 4-5</b>	19553	4-5
<b>Grades 6-8</b>	19554	6-8

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## **Strong Kids - A Social and Emotional Learning Curriculum for Students in Grades 4-8**

14065 4-8  
Binder 2006 Oregon Resiliency Project  
Strong Kids is a scripted curriculum developed to promote social and emotional learning and resiliency with children in grades 4-8. The Strong Kids curriculum is similar in scope to the Strong Teens curricula, but is aimed specifically at concerns and content relevant to intermediate and middle school aged students rather than high school settings. The lessons are practical and easy to implement. There are 12 brief lessons designed to be taught once a week for 12 consecutive weeks. The lessons are designed to take 45 to 50 minutes each. These lessons were carefully designed, scripted, and field tested for ease of implementation. The Strong Kids and Strong Teens curricula were developed using evidence-based concepts, instructional strategies, and activities, and have been demonstrated through research to enhance student's knowledge of healthy social-emotional behavior, as well as reduce negative emotional symptoms.

## **Strong Teens - A Social and Emotional Curriculum for Students in Grades 9-12**

14072 9-12  
Binder - Oregon Resiliency Project  
Strong Teens is a scripted curriculum developed to promote social and emotional learning and resiliency with adolescents in grades 9-12 (or ages 14-18). The curriculum is similar in scope to the Strong Kids curricula, but is aimed specifically at concerns and content relevant to adolescents of high school age, rather than those of younger youths. The lessons are practical and easy to implement. There are 12 brief lessons designed to be taught once a week for 12 consecutive weeks. The lessons are designed to take 45 to 50 minutes each. These lessons were carefully designed, scripted, and field tested for ease of implementation. The Strong Kids and Strong Teens curricula were developed using evidence-based concepts, instructional strategies, and activities, and have been demonstrated through research to enhance student's knowledge of healthy social-emotional behavior, as well as reduce negative emotional symptoms.

## **Taking Part**

14036 K  
Kit 1991 AGS  
Introduces social skills to children.

## **Teaching Social Competence**

16440 12+  
Book 2001 IEP Resources  
This book provides social skill assessment and intervention strategies for staff working with children grades 1-6. Poor social skills not only make for unhappy and often lonely students, they have a measurable impact on academic achievement. On the other hand, achievement improves when social skills improve.

## **You and Me Game**

25834 K  
Kit 1993 Childswor/Childsplay  
Designed to help children become socially aware of the world around them and to teach them the social skills they need in their everyday lives.

## **You Don't Want to Live in My House**

11501023 26 minutes 7-12  
DVD 2005 NEWIST  
This documentary was produced primarily by prison inmates, showing the reality of being confined to prison: life behind walls, the daily monotony, no freedom or privacy, and loneliness. This was created by the inmates to deter juveniles from crime, by giving them a first hand look at what it's really like behind bars. Inmates give heartfelt confessions about missing their families and a truly eye-opening tour of their dreadful living conditions. They talk about how doing drugs, being in gangs, and just hanging out with the wrong crowd got them in the position they are in today.

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