

Bullying Materials

ABC's of Bullying Prevention:

DVD 2005 National Professional Resources
Now for the first time, a comprehensive approach is available to provide school communities a complete package on bullying prevention. This series targets four of the major stakeholder groups: Parents; Paraprofessionals; Teachers and Administrators & Pupil Services. Dr. Kenneth Shore, family and educational psychologist and nationally renowned author of books such as Keeping Kids Safe, Special Kid's Problem Solver and The Parents' Public School Handbook, presents an innovative plan to address bullying prevention across all constituencies who play a role in a school community.

For Administrators & Pupil Services

7750487 32 minutes 12+

For Paraprofessionals

7750488 27minutes 12+

For Parents

7750489 29 minutes 12+

For Teachers

7750490 30 minutes 12+

Aggression, Intimidation & Bullying

5550034 18 minutes 7-12

DVD 2004 Educational Video Network

What's at the root of aggressive behavior, and why is it so widespread today? Learn why some people adopt belligerent attitudes that lead them to inappropriate confrontations. How to avoid these kinds of interactions will be discussed.

Boys on Bullying

11502708 20 minutes 5-12

DVD 2003 Words Can Work

Bullying causes depression, anger and isolation. These boys learned strategies for handling their situations through support from friends, parents, or other caring adults. With discussion guide. 20 minutes. Recommended for Grades 5 through 12, parents, and other caregivers.

Bullying

7750517 11 minutes 4-7

VHS - University of South Carolina

This comprehensive school-based program is designed to reduce bullying among middle-school students. The program uses this video and the accompanying teacher's guide to implement several strategies to help reduce bullying in schools. Students are presented with various bullying scenarios in the program. At the end of each scenario, questions are asked to provoke thought and discussion about the characters involved and the circumstances surrounding their situations.

Bullying - Not Just a Guy Thing

7750470 30 minutes 4-8

VHS 2002 KineticVideo

School bullies are not always boys - just ask girl-on-girl victims on the receiving end of a daily barrage of name-calling, mean tricks, and unfounded rumors. The result can be tears, avoiding other students, and even overwhelming dread of school. These nasty-as-they-wanna-be behaviors are contrasted with practical advice from teachers and student counselors who discuss what bullying is, how targeted students can - and should - take steps to end the harassment, and how being confronted about their behavior is a positive event for the bullies themselves. Bullies may not even perceive themselves as wrongdoers; when a targeted individual confronts his or her tormentors it offers the bullies an opportunity to effect a change in their own lives by stopping the negative behavior.

Bullying - You Don't Have to Take it Anymore

7750289 23 minutes 7-12

VHS 2002 Human Relations Media

Helps students better understand what bullying is, how it affects victims & what can be done to improve the situation. Students will quickly grasp what bullying is, when they should see help, why bullies seek power & the different ways in which bullies attempt to intimidate & abuse their victims.

Bullying & Harassment - Legal Guide for Educators

18617 12+

Book 2004 ASCD

Any educator who wants to stop bullying and harassment needs to first understand the legal ins and outs of the problem. In this practical guide, the author uses actual court cases and school events that made major headlines to explain what you need to know to protect students and avoid litigation.

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Bullying Prevention Curriculum - Classroom Instructional Units for:

Binder 2007 WDPI

Consistent with the new Wisconsin Promise of ensuring a quality education for every child, Bullying Prevention Curriculum focuses on a critical school prevention issue that is a barrier to student success. Bullying is likely to negatively impact students' connections with school, their engagement with the curriculum and their overall ability to learn. Bullying prevention is critical to building a school environment conducive to learning and where students feel safe at all times. Bullying Prevention Curriculum is an important resource for elementary and middle school teachers. In an age appropriate, multi-strategy approach these two curricular units explore the key knowledge, skills and dispositions needed to develop a school free of bullying behavior. Students will explore such issues as: the friend who bullies; ways to use comebacks that work; necessary skills to build a bully-free school; and practice lessons on being a bystander that can make a difference.

Grades 3-5 14901 12+

Grades 4-6 14903 12+

Bullying, Fear & Depression

5550033 26 minutes 7-12

DVD 2004 Educational Video Network

Every day, in schools and in other institutions, aggressive acts of harassment are carried out with frightening regularity. The negative atmosphere of oppression and intimidation caused by bullies can make it nearly impossible to concentrate upon an education or a career. Vicious cycles of violence can be broken by confronting and eradicating environments in which bullies thrive. With education, empowerment, commitment, and unity, socially maladjusted individuals can be convinced to stop their abuse.

Bully-Proofing Your School: Comprehensive Approach for Elementary Schools - 2nd Edition

18150 12+

Book 2000 Sopris West

Is an early, preventative measure to stop bullying at the elementary level to ensure a safer school environment.

Bully-Proofing Your School: Comprehensive Approach for Middle Schools

18470 12+

Book 2000 Sopris West

This book gives you valuable information about the particular developmental issues unique to middle school students and how those issues affect the bully-victim dynamic in the middle school environment. The complete curriculum for grades 6-8 contains appropriate lessons for the classroom as well as programs designed for other systems that impact the school environment (e.g., faculty, parents, and bus drivers).

Classroom Guidance From A-Z

14128 5-9

Book 2007 Marco

This book offers twenty-six middle school guidance lessons designed to be completed in one class period. Each lesson conforms to ASCA standards and included a list of needed materials and step-by-step presentation plan. The reproducible activity sheets cover the following topics: Anger Management; Bullying; Cooperation; Decision-Making; Effective Communication; Feelings; Good Grades; Homework; Internet Safety; Jobs and Careers; Keys To Success; Loss; Mediation; Nutrition; Odor; Positive Thinking; Questionnaire; Relational Aggression; Stress; Test-Taking Strategies; Understanding Differences; Visualizations and Affirmations; Worries; Exploring Character Traits; You; and Zoom Into The Future.

Defending Yourself - Bullying, Teasing & Put-Downs

7750019 35 minutes 1-6

DVD 2004 Boys Town Press

An emotionally charged DVD that makes children and pre-teens really think about bullying issues by posing important questions about bullies and their victims. Offers children positive suggestions on how to resolve bullying behavior in safe yet effective ways. Children, counselors, and youth workers offer their perspectives and experiences on bullying, teasing, and put-downs.

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Epilogue

7750046 8 minutes 5-9
DVD 2006 National Center for Youth
This powerful DVD will open different doors for discussion on bullying and the reactions of the bullies and the victims. A middle school bullying victim reacts to his situation in a way his classmates will never forget, and neither will those viewing this film. The program includes a discussion guide and is perfect for use with individuals, small groups, and classrooms.

Gossiping, Taunting, Bullying - It's All Harassment - Student Workshop

7750245 24 minutes 5-9
VHS 2001 Sunburst
Teach students the skills they need to respond to and prevent putdowns, taunts insults, bullying, and the negative effects of gossip with this character-building program. The program interweaves expert advice with teens' real-life situations that show what behaviors constitute harassment. Real students talk about their own experiences dealing with harassment, which often begins as taunting and teasing but evolves into a much harsher form of verbal abuse.

Gum in My Hair

7750450 20 minutes 2-6
VHS 2003 Twisted Scholar
Is an engaging, light-hearted program which provides real strategies for dealing with the serious problem of bullying. Talks to students to help them understand what bullying is, the fact that it is not normal or acceptable and that there are ways to deal with this problem safely and effectively.

Harassment Workshop

7750203 20 minutes 7-12
DVD 2006 Human Relations Media
Viewers hear from their peers about diverse forms of harassment that are all-too-common on many school campuses. Real teens discuss their experiences with bullying, intimidation, exclusion from a social group, verbal abuse, name-calling, sexual harassment, hazing and Internet harassment also known as cyberbullying. The program's peer-to-peer format provides compelling personal stories that viewers will recognize, whether they have been the target of harassment themselves, or if they have been the antagonist in a similar situation. Program offers specific tips on how to confront the problem head-on. Teen speakers discuss when and how to diffuse a situation, avoid it or stand up for themselves.

I Didn't Know I was a Bully

14108 5-8
Book 2006 Marco
I thought a bully was someone who sent viruses through a computer. I didn't know I was a bully when I wrote bad things about you on the computer. I didn't know I was a bully if I laughed when others made fun of you. Many everyday behaviors that seem harmless and inconsequential are really bullying behaviors. Good kids who wouldn't dream of being called bullies may exhibit non-threatening behaviors that hurt others. This cleverly illustrated story is followed by six lesson plans that give children experience in recognizing subtle bullying behaviors.

Inbox

7750073 25 minutes 5-9
DVD 2005 National Center for Youth
Combining a strong and dramatic story line, Inbox is a powerful tool that addresses the current trend of cyber bullying, the use of electronics to harass and bully someone. The story illustrates that misuse of the internet is harmful and can have devastating consequences. Relational aggression and abduction are also depicted. 25 minute running time, discussion guide included.

Joey - Revised

11502598 27 minutes 5-12
VHS 2000 Center for Youth Issues
Is a profound and powerful statement on the bullying problem and the consequences this behavior has on all involved.

Know Your Code at School

11502696 85 minutes 1-6
DVD 2003 Attainment
This program helps you establish school-wide social standards for all students. The three components—cards (illustrate 50 social skills in five easy-to-follow steps), DVD (presents social skills in a lively, story-based format. This closed captioned program includes six segments: A Day at School, Charles Gets Teased, Dion Scores, Kristi's First Day, Shana and the Secret and Tameka and the Bully) and instructor's guide (focuses on fifty-three social skills, organized to mesh with a typical school day)—form a comprehensive program that is easy to implement.

Bullying Materials

Let's Get Real:

2003 New Day Films

Gives young people the chance to speak up in their own words about the real issues behind the problems of name-calling and bullying. Educates audiences of all ages about why we can no longer accept name-calling and bullying as just a normal rite of passage. Contains a 35-minute uninterrupted version immediately followed by an instructional version that includes breaks for discussion.

DVD 7750040 35 minutes 6-12

Video 7750451 35 minutes 6-12

Mean Girls

14107 3-12

Book 2007 Youth Light

This book provides professionals with resources, insights, strategies and reproducible worksheets for working with girls who are relationally aggressive and the young people who have been victimized by this type of bullying. It can be used to help all youth learn about relational aggression and what they can do to help alleviate it. The strategies in this book are designed to increase awareness of relational aggression, encourage empathy and tolerance, and improve self-control and coping skills. The book explores the underlying causes of relational aggression, particularly in girls. Other forms of relational aggression that are explored include cyber-bullying and other types of electronic bullying.

Power of One

7750079 24 minutes 1-6

VHS 2005 National Center for Youth

From the maker of "Broken Toy" and "Joey", this uplifting and moving film deals with the subject of school bullying. Three short films in one, the video is an anthology of stories about new children at school and the lessons they bring about respect and fairness to their classmates.

Power Trip - Bullying in School

7750080 21 minutes 5-9

DVD 2006 Human Relations Media

This DVD explores middle school bullying from different perspectives that students will relate to and easily understand. Your students will hear from real teens who experienced bullying first hand as well as from students who have been the aggressors. Special attention is focused on understanding the different kinds of bullying and the differences between how girls and boys bully. It describes relational aggression which is typical of how girls bully. Viewers also experience a workshop led by Dr. Michael R. Carpenter, a bullying prevention trainer, who coaches young teens on how to modify behaviors to achieve peaceful outcomes. Other topics explored include the difference between bullying and teasing, when you should tell an adult about being bullied, what bystanders can do to prevent bullying and how bullied kids can "stand up, step up and speak out" to stop bullying.

Problems at School - Student Workshop

7750240 24 minutes 3-5

VHS 2001 Sunburst

Demonstrates the skills and strategies youngsters need to handle academic expectations: work together with your peers, adapt to rules, organize time and even deal effectively with bullies.

Real Kids: What We Learned About Bullying

11502579 16 minutes 2-4

VHS 2000 Sunburst

Offers youngsters the hope that they can stop the cycle of bully/victim behavior. Real kids speak up about how it felt to be a bully. Victims openly discuss how they feel and the attempts they have made to stop the bully.

Salvaging Sisterhood

14106 5-12

Book 2005 Youth Light

Small group and classroom curriculum designed to teach relationally aggressive girls how to communicate effectively with one another as opposed to about one another. Salvaging Sisterhood explores the dynamics of female friendships, and is designed to help girls develop empathy and lessen the incidence of gossip and backstabbing. Teach girls how to be positive leaders and role models without being mean.

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Scars

7750401 38 minutes 4-8
VHS 2002 STARS

This is a powerful and uplifting story about a bully who had to become a victim in order to understand the pain of bullied and tormented children.

See a Bully! Stop a Bully!

11501419 15 minutes K-2
VHS & DVD 2006 Sunburst

Bullying expert Detective Bill E. Finder shows young elementary students how they can become "Junior Bullying Detectives." Using his old case files, Detective Bill helps viewers identify various types of bullying, appreciate how the targets of bullying feel and understand what kids really think about bullies. This lively program encourages kids to consider the consequences of their own behavior and understand the behavior of others. After viewing this program students will feel comfortable turning to adults for help and Understand that the target's feelings, rather than the bully's intent, makes something bullying behavior.

Set Straight on Bullies

7750413 30 minutes 4-9
VHS 1989 STARS

Shown through the eyes of the victim, this video brings to light the damaging effect that bullying has on all who are involved, physical and psychological damage that can last a lifetime.

Silent on the Sidelines - Why We Ignore Bullying

7750472 24 minutes 5-9
VHS & DVD 2004 KineticVideo

What is it about bullying behavior that is so powerful it silences the people who witness it? Why does a bully always seem to "get away with it"? What can a bystander do to become part of the solution? This program, designed to help viewers stop bullying behavior, answers these questions.

Skills for Healthy Living: Handling Stress

11501454 30 minutes 9-12
DVD 2006 Discovery School

Guides students through the best ways to deal with different kinds of stress, ranging from exam anxiety to bullying.

Social Skills at School - Version 1.8

18182 K-6
CD-ROM - Mac/Win 2004 Attainment

Social Skills at School is a video-based program with five engaging stories featuring talented child actors. They grapple with common social situations seen every day in every school. Skills are shown step-by-step and further discussed by a narrator. Stories include: Charles Gets Teased, Dion Scores!, Kristi's First Day, Shana and the Secret, and Tameka and the Bully.

Social Standards at School

99515124 85 minutes 1-6
VHS 2003 Attainment

This program helps you establish school-wide social standards for all students. The three components—cards, video and instructor's guide—form a comprehensive program that is easy to implement. The Instructor's Guide focuses on 53 social skills, organized to mesh with a typical school day. The video presents social skills in a lively, story-based format. Includes six segments: A Day at School, Charles Gets Teased, Dion Scores, Kristi's First Day, Shana and the Secret and Tameka and the Bully. Know the Code Cards illustrate 50 social skills in five easy-to-follow steps.

Standing Tall Against Bullying

7750503 13 minutes K-4
DVD 2003 Performance Resource

This is designed to help children prevent and resolve bullying in its early stages. Early intervention on these harmful behaviors is critical to avoiding bullying in teen and adult years. The popular Kathy Bishop "Care Characters" have been animated to star in this lesson that shows how to stop bullying in its tracks before it becomes a major problem.

Sticks & Stones - The Truth about Bullying

7750091 28 minutes 12+
VHS 2004 Hazelden

Talks about bullying and how it takes a community to change. Follow the establishment of a Bully Prevention Program in school. This is a definitive resource for recognizing bullying, its effects on children of all ages, how nations such as Sweden have successfully outlawed it, and how you can incorporate those strategies into your own community.

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Stop Bullying Now!

7750461 29 minutes 1-4
VHS 2004 U.S. Dept of Health & Human
Tells how to address issues, how bullying is a tremendous damage to student's self-esteem, teaches how to prevent harm, myths of bullying, and bullying behaviors.

Taking a Stand - Bully Prevention

Series: Bullies

11502713 18 minutes 7-12
DVD 2006 Meridian
In the U.S., an estimated 1.6 million students in grades six through ten are bullied one or more times per week—and as many as 150,000 victims cut classes each day just to avoid it. In this program, Dr. James Shaw, author of *Jack and Jill: Why They Kill*, explains how to confront and counter bullying in the nation's schools. Candid interviews with bullied students including Evan Ramsey, convicted of killing his school's principal and a classmate, as well as with two reformed bullies—one male, one female—provide a wide-ranging peer perspective on school violence. Students also share their successes as part of anti-bullying and peer mediation programs in their schools. The DVD version has on-demand English subtitles and can be viewed using a DVD player or computer DVD-ROM drive.

Taking a Stand - Bully Prevention

Series: Bully Girls

11502714 20 minutes 7-12
DVD 2006 Meridian
Traditionally, bullying has meant physical intimidation and violence—and in the past was considered a problem only among boys. But experts are finding that girls can perpetuate bullying as well, although it often takes place on more subtle or secretive levels. This program focuses on increasing awareness of bullying among girls and educating viewers about how, when, and why it occurs. Understanding the difference between teasing and bullying, identifying specific female bullying techniques and tactics, recognizing warning signals that help is needed, knowing the best ways to report incidents, and getting school officials involved to combat the problem are all subjects thoroughly explored in the video. The DVD version has on-demand English subtitles and can be viewed using a DVD player or computer DVD-ROM drive.

Taking a Stand - Bully Prevention

Series: Cyberbullies

11502715 19 minutes 7-12
DVD 2006 Meridian
Chat rooms, blogs, and instant messaging have become standard forms of communication for many young people. Unfortunately, they have also become popular ways to bully and harass others. This program is designed to prevent children and teenagers from falling victim to cyberbullying, using dramatizations and Q & A discussions to expand awareness of the issue. The video discusses cyberbullying warning signs, common patterns of abuse, and questionable online activities and destinations to stay away from. It also presents strategies for responding when cyberbullying occurs, and outlines legal problems involving privacy and libel that young Internet users should be aware of. The DVD version has on-demand English subtitles and can be viewed using a DVD player or computer DVD-ROM drive.

Taking a Stand - Bully Prevention

Series: Teacher's Guide to Bullying Prevention

11502712 15 minutes 7-12
DVD 2006 Meridian
In this DVD, two anti-bullying experts outline the best ways to use this series in the classroom or as part of a school-wide program. Dr. Kenneth Shore, a clinical psychologist who focuses on education issues, and Carolyn Falcone, a veteran bullying-prevention trainer, discuss the importance of anti-bullying instruction - as well as specific challenges that anti-bullying proponents often encounter in the school environment, among girls, and in cyberspace.

Taunting, Gossiping, Hazing

7750471 24 minutes 7-12
VHS 2004 KineticVideo
By the time they finish high school most student have either been the subject or the instigator of taunts, gossip and even hazing or physical harassment. Each scenario in this documentary-style program reveals the effects of these behaviors on others as well as solutions that will help teens deal with these different types of harassment. Includes: Taunts and Putdowns; Gossip and Rumors; & Hazing and Other Physical Harassment.

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Teen Truth - An Inside Look at Bullying and School Violence

11502707 23 minutes 7-12
DVD 2006 Human Relations Media
This production weaves together several dramatic strands, creating a unique and candid view of how bullying directly correlates to the rise of school violence in schools. In one strand, viewers follow a fictionalized story of a confused teenager toting a backpack as he rides a bus to school. Through his narration we learn of his inner frustrations and it becomes increasingly clear that he is armed and prepared to use his concealed weapon. In another strand, we see and hear the voices and pictures of real teens videotaping and questioning their own peers about the devastating effects of bullying and violence in and around their schools. Viewers experience the Columbine disaster, through live voice recordings of parents, teachers and students talking to 911 operators as the disaster occurred. Finally, viewers hear from experts and students about the best ways to combat bullying and school violence while the story of the armed young man riding the bus takes a surprising twist. A detailed teacher's resource book provides activities, work sheets, fact sheets and resources to aid in the struggle to stop bullying and school violence.

What Tadoo

7750181 18 Minutes K-4
VHS 1984 MTI Film & Video
Seven year old Thaddeus is having a problem with a bully at school and is afraid to tell his mother. One stormy night his Teddy Bear, Bartholomew, takes him to the magical Land of Lessons in the Region of Rules. Through the use of his puppet friends, "What", "Tadoo", a pair of frogs and Professor Hillory Von Carp, he learns the rules: say no, get away, tell someone. He also discovers good, bad, and confusing touches and to listen to the voice inside.

What's a Bully?

7750205 18 minutes 3-5
VHS & DVD 2006 Sunburst
Bullies usually see themselves as people who like to "tease" or just have some fun. This program tells the stories of four kids who learn that what they see as fooling around, others see as bullying.

When Telling Isn't Tattling

11501418 15 minutes K-2
VHS & DVD 2005 Sunburst
Help kids learn the difference between being someone who understands when it is necessary to report a situation that a youngster can't handle alone.

When You See a Bully

11501420 16 minutes 2-5
VHS & DVD 2005 Sunburst
Show even the youngest children that it is possible to stand-up for themselves and others when they see bullying happen. This program uses three age-appropriate vignettes to demonstrate precisely what youngsters can do to when they see bullying and say it's NOT OKAY with me. Contains: Be a Friend; Stop Bullies Together; and Tell A Grown Up.

Wise Owl Bully Stopper Kit

7750176 32 minutes K-2
DVD 2006 Human Relations Media
The live-action videos are hosted by a likeable cartoon character, Wise Owl, who encourages young viewers to learn more about what bullying is, and how it can be stopped. Helpful vignettes play out common situations that appeal to young viewers. Also includes three full-color posters for classroom display, a laminated deck of brightly-colored activity cards, various group activities, and an ample pack of Wise Owl stickers for classroom give-away. The activity cards (5-1/2" x 8-1/2") can be used by the entire class for role-playing and storytelling activities, in small groups or during independent play time. Teacher's Resource Book is filled with additional student activities, classroom project ideas, worksheets, coloring pages and more.

Wise Owl Says - When Telling Isn't Tattling

7750036 12 minutes K-2
DVD 2006 Human Relations Media
This engaging video or DVD combines animation and live-action segments to help young viewers understand the difference between tattling (which aims to land someone else in trouble) and telling (which aims to help someone solve a problem). The program features a wise-cracking animated Wise Owl who tells viewers that if they want to figure out the difference between telling and tattling, they should ask themselves his four "who" questions – Who might get hurt? Who is afraid? Who does it help? Who do I tell? The program presents a series of vignettes in which youngsters have to decide what to do. The "who rules" are revisited often. Wise Owl Says assists teachers in breaking their students of the tattling habit.

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You're Mean! When Words Hurt Us

11501107 20 minutes K-6

DVD 2006 Human Relations Media

This age-appropriate program helps children understand that words can hurt—whether the insults are intentional or the inadvertent result of "trying to be funny." Four common school and home vignettes identify the power of words: a know-it-all who tries to boss others around, a playground bully who enjoys picking on other children, a teacher's pet who relishes seeing other students make mistakes, and an older sibling whose sarcastic banter distresses her little brother. Each vignette includes a positive outcome where children find a way to stand up for themselves and overcome the power of hurtful words. Techniques include: Stand Up for Yourself, Ignore the Bully, Explain How the Words Make You Feel, and Seek Help From an Adult.

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